

COVID-19

The sample taken from your airways shows that you are infected with the new COVID-19 coronavirus.

Symptoms of COVID-19

Typical symptoms include fever, sore throat, headache, muscle aches, coughing and difficulty breathing.



Treatment

If you have mild symptoms of COVID-19

If your condition is not serious and you do not need to stay in hospital, you will be sent home. Follow the instructions under 'When you return home'.

While you are in hospital, we will assess whether further examination is necessary

While you are in hospital, we can provide assistive treatment such as oxygen and antibiotics

In rare cases, ventilator treatment may be required

You will remain in isolation during your time in hospital

Your usual medication

As a rule, you will receive your regular medication from the staff.

Speak to the staff if you take special medication.



When you return home

Remain in your home until you have been symptom-free for 48 hours

Avoid infecting those around you

To avoid infecting those around you, you must:

- avoid close contact with people in your household until 48 hours after your symptoms have ceased
- maintain good hand hygiene – wash your hands often
- ensure your home is kept clean

How to clean your home

Clean the toilet/bathroom, kitchen and the room(s) you are occupying every day using normal cleaning agents.

If there is a shared toilet and bathroom in the household, clean it after using it.

Wash towels, bedding and underwear at a temperature of at least 60°C. Wash other clothing at a temperature of at least 60°C, as far as possible.

Notify your closest contacts

Contact the people you have been in contact with

Your close contacts should be tested as described in the guideline on www.sst.dk.



In the days ahead

Contact your doctor or the Emergency Doctor Service if your condition worsens

For example, if you experience chest pain, renewed fever or increasing shortness of breath.



More information

More information about COVID-19

The Danish Health Authority regularly updates its website (www.sst.dk).

You can also call the new coronavirus hotline on 7020 0233.

Information on COVID-19 is available in multiple languages at www.sst.dk.